



**TEXAS DEPARTMENT OF HEALTH  
AUSTIN, TEXAS  
INTEROFFICE MEMORANDUM**

**TO:** Herman Horn, Chief, Bureau of Regional/Local Health Operations  
Regional Directors  
Directors, Local Health Departments  
Directors, Independent WIC Local Agencies

**FROM:** Barbara Keir, Director  
Division of Public Health Nutrition and Education  
Bureau of Nutrition Services *B. Keir*

**DATE:** October 20, 2000

**SUBJECT:** Risk Condition 426 - Inadequate Folic Acid Intake

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This memo is to inform you that risk condition 426 - Inadequate Folic Acid Intake to Prevent Neural Tube Defects (NTD's), Spina Bifida and Anencephaly, has been downloaded to your WIN system. This is a new risk condition that is available for breastfeeding and postpartum women only. It should be used if a woman is not receiving 400 micrograms of folic acid from a folic acid or multi-vitamin/mineral supplement or fortified foods. Most supplemental folic acid and vitamins/minerals contain this amount, so if the applicant indicates she does take a daily supplement, you may assume that she is receiving an adequate amount of folic acid.

This new risk condition is effective November 1, -2000. If you have not received your revised forms (dated 1 1/1/2000) or you are having problems with your order, contact Paula Kanter, Clinical Nutrition Coordinator, at (5 12) 458-7111 ext 3528 or by email at [Paula.Kanter@tdh.state.tx.us](mailto:Paula.Kanter@tdh.state.tx.us).